

# VF PERFORMER PREPARATION GUIDE

## “Seven Deadly Sins”

Saturday, October 14, 2023

Nissi's Entertainment, 1455 Coal Creek Dr Unit T, Lafayette, CO 80026

### Deadlines and Dates:

**Sunday, July 30, 10pm**

Performer Agreement & Performer Fee- Solo & Groups

**Wednesday, August 2, 7pm**

Online Orientation

**Thursday, August 3, 6pm**

Online Orientation

**Monday, August 7, 6pm**

Online Orientation

**Sunday July 30- Sunday, October 8**

Attendance Compliance Dates, *(Please see the new requirement in the Groups form; all group performers have to have at least 8 classes done by the first week of Sept)*

**Sunday, September 3**

Attendance compliance checkpoint (see#4 below)

**Tuesday, September 12, 10pm**

Video Submission Due Date, Performance Details & Music deadline

**Sunday, October 8**

Dress Rehearsal, Boulder 1:30pm, Fort Collins 4:30pm and Performer Guest List Form Due

**Saturday, October 14**

Showcase! 5:00 & 8:00

### Theme:

#### **Seven Deadly Sins**

Let us toy with you... watch you cringe... pollinate the seeds of your temptations... satiate your vices. Let us expose the darkness within you as we flirt with each of the seven deadly sins. Will it be your habitual yielding to indulgence and GLUTTONY? Or surrendering to the sin of SLOTH, consumed with apathy and indifference? Or will it be GREED that reveals the darkness of your heart? Perhaps it is WRATH that perverts your yearning for justice? Maybe it is ENVY that burdens and blinds you? Though it is most likely insatiable LUST that enslaves you to your desires? Or... is it the worst of all sins—PRIDE, that has severed your spirit from the light?

### To Do:

#### **1) Sunday, July 30, 10pm: Performer Agreement & Performer Fee- Solo & Groups-**

**a)** Fill out corresponding form (if you are doing multiple performances fill out a form for each. For example, a solo and a group; or a solo and a duet etc.)

Solo: <https://forms.gle/hoBcZ2Gb8xwWTAz77>

Group: <https://forms.gle/yQizA43g3idWqKSb9>

**b)** Pay your performer fee/s and see notes below

Performer fees must be paid through the Vertical Fusion BOULDER/LONGMONT Momence system. Please use this link:

First (\$40):

<https://momence.com/Vertical-Fusion-Studios/product/Showcase-Performer-Fee-%2440/56648>

Additional (\$20 each):

<https://momence.com/Vertical-Fusion-Studios/product/Additional-Showcase-Performance-Fee-%2420-per/56649>

- You must pay a performer fee by the agreement deadline or else your submission is considered incomplete.
- Every performer is required to pay a PERFORMER FEE: \$40 for single/first performance; \$20 for each additional performance including group routines.
- If we have enough room for a performer or duet to perform their piece in both shows, you only pay a single performance fee for that act. Sign-up fees are forfeited if you are non-compliant or if you withdraw from performing for reasons other than illness/injury. If you are compliant and fulfill your performance obligations, you will receive a single general admission ticket for one guest for a single show.
- For Duets and Group numbers, EACH MEMBER must submit a performer agreement and each member must sign up and pay for the group series in the respective studio's Momence system. For example, you must pay the \$40 Performer fee AND pay the group number tuition as well.
- Doing more than one number? An agreement must be submitted for each performance.

## **2) Update Personal Calendar with Deadlines and Important Dates**

- We try to do our best to provide reminders of deadlines and important dates but it is up to each performer to ensure that they are meeting them! We highly recommend that you create reminders for deadlines/dates in your personal calendar. We understand that life gets busy and things come up unexpectedly but it puts a hardship on administrators to manage non-compliance and quite honestly, it takes an emotional toll on us to have to enforce our compliance policies.
- Non-compliance Fees: For every missed deadline or deliverable, performers will incur a fee of \$8.00 which will automatically be charged to your card on file. The

following compliance components will be audited: Incomplete or missing forms, missed deadlines, and attendance deficits. Note that Group number participants are allowed only one missed session. There will be a \$10 penalty for each additional absence. It is at our discretion to dismiss habitually non-compliant participants from the show. In cases of non-compliance/dismissals, no refunds will be given. By submitting your agreement form and proceeding with the intent to perform, means you understand and agree to these policies.

### 3) Slack App: Download and Join Group

Slack App: Download app and accept email invitation for performer workspace

- Download the Slack App and look in your email for an invite to the Showcase Performer Slack workgroup #seven-deadly-sins. Using this app is a requirement for performing.

Android: <https://slack.com/downloads/android>

iPhone: <https://slack.com/downloads/ios>

- If you're only doing a group number, your invite to Slack will be sent after you sign up for the group series in Momenca.

### 4) Claim Your Song Form

- Claim your song and theme using the Google sheet linked below. Be sure to search the sheet first to make sure your song hasn't already been claimed. If you claim a song and then want to change it, please update your original entry.
- See "Music" under section "5" below to ensure you have rights to use your song!

[https://docs.google.com/spreadsheets/d/1vMWxRYo21EjZGwaGqT8wL9qKxu9Xt\\_XursiyPAaQN2c/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1vMWxRYo21EjZGwaGqT8wL9qKxu9Xt_XursiyPAaQN2c/edit?usp=sharing)

### 5) Sunday July 30- Sunday, October 8: Attendance Compliance Dates

- Class Attendance: As a Performer, you are required to attend at least 2 classes at Vertical Fusion (any location) per week for at least two months prior to dress rehearsal. NO EXCEPTIONS! This is a requirement of our insurance company that factors into liability coverage so absolutely no exceptions will be made.
- Private lessons may be done in lieu of classes; 1 private lesson equals 2 classes.
- Open pole, guest workshops, and free classes DO NOT count towards this requirement.
- An attendance report will be generated and reviewed for compliance on **(September 3)** and we will follow up with those who are at risk of being non-compliant (at least 8 classes should be completed by our first audit). Anyone

with less than 8 classes will need to submit an attendance compliance plan and may be asked to do an additional check-in for progress.

- Anyone non-compliant by dress rehearsal will be dropped from the show.
- Should a performer experience a minor illness or injury, s/he/they should notify us ASAP and they must understand that they will be expected to catch up to be compliant.
- Group number participants are allowed only one missed group session; you must make up the class to ensure you are compliant with attendance requirements.
- There will be a **\$10 penalty** for each additional missed group session and it is at our discretion to drop non-compliant participants from the show. In cases of non-compliance/drops, no refunds will be given.
- Please note that Boulder/Longmont students who wish to perform on aerial hoop/hammock will have to either take privates in Boulder or attend classes at VF Fort Collins to be compliant with attendance requirements.

## **6) Tuesday, September 12, 2023, 10pm: Video Submission, Performance Details & Music Deadline**

### **Video Submission**

- By this date it is expected that you have at least half of your piece choreographed (ideally around 2 minutes).
- Please videotape yourself performing what you've created thus far in one video that is not separate clips edited together. The only exception is if you are in a setting wherein only one pole is available and therefore, your spin and static passes must be recorded separately or other similar logistical reasons (i.e. not enough room at home for floor work).
- Your piece does not have to be perfected by this date, but you should be able to give a solid demonstration of what your concept is.
- Please incorporate as much of your costume, makeup, props, etc. as possible. Please be sure your video has good lighting and that your music can be easily heard.
- Upload your video to YOUTUBE or VIMEO and then submit the link for your video using this form: <https://forms.gle/E5JHz7L3wL7vVARaA>

### **Performance Details**

Add your performance details and the MP3 of your song here:

Link: <https://forms.gle/EZUPMeLyMu8HkzcP9>

### **Music**

You are responsible for ensuring the song you have chosen is licensed under the ASCAP, SESAC, and BMI music licensing organization. If it is not listed as a licensed song, you will have to choose a different song. If you have chosen a cover, the original artist

must be licensed, not the cover artist. Music licensing orgs are listed below. Use these links to search for your song/artist.

ASCAP: <https://www.ascap.com/repertory#/>

SESAC: <https://www.sesac.com/repertory/search>

BMI: <http://www.bmi.com/licensing> (upper right corner)

## **7) Sunday, October 8: Dress Rehearsal, Boulder 1:30pm, Fort Collins 4:30pm and Performer Guest List Form Due**

- Dress Rehearsal is MANDATORY
- Please come in full costume, full makeup, and with all of your props etc.
- Performer Guest List Form: Due by dress rehearsal! Please note that your guest will not receive any sort of confirmation; their name will be at will call after an admin has confirmed your submission.

<https://forms.gle/9mTpB2wBs7s6j5Q87>

## **8) Saturday, October 14: Showcase!**

**a) STAGE MANAGER:** Mix (Melissa Mazany) tel: 678-386-4427; check in with Mix upon arrival and anytime you leave from/return to the venue.

**b) WHEN TO ARRIVE:** The arrival times will be announced the week of and are based on how long we estimate truss/flooring set up will take. It is not mandatory that you come early to test out the stage poles unless you are in a group, duet, or need aerial rigging. Stage time is prioritized as follows: 1) groups (3 people or more) 2) aerial rigging 3) duets 4) solos. PLEASE BE ON TIME as we are extremely limited on time. All performers must understand that it is extremely unlikely that there will be time for full run-throughs so performers should prioritize their time on stage so that they are addressing pole height and stage spacing concerns. There will be a sign up sheet for stage time so be sure to sign up as soon as you arrive.

ALL PERFORMERS MUST ARRIVE AND BE CHECKED IN NO LATER THAN 2 HOURS BEFORE SHOWTIME!!!

All performers and crew members are REQUIRED to wear stage badges at all times, except while performing. Melanie will hand these out when you check in with her upon arrival.

**c) CIRCLE UP:** We will have one circle up at 3:30 and I will try to record and post it to slack for those few who are only performing in the late show and can't come early to the venue. All early show performers should meet at the front of the stage at 3:30 p.m. sharp!

**c) PERSONAL BELONGINGS:** ALL personal belongings must be stored in the designated performer areas or in your vehicle. There absolutely cannot be any personal belongings in the audience area by the time we have our circle up. The venue is very strict about this because it hinders their staff from being able to prep the tables, etc.

**d) REHEARSALS:** See b) above.

**e) SET LISTS:** Set lists will be posted in both green rooms and backstage. Please be sure to review them for last minute changes. Last minute changes are only allowed for critical circumstances (i.e. illness, injury)

**f) STAGE ENTRANCE:** Performers should enter the stage at the **stage left** staircase (stage left is when you are looking at the audience from the stage). All performers should be in this staging area TWO NUMBERS before yours. Performers going after intermission should be ready and staged at the start of intermission (intermissions are typically 5-10 minutes long).

**g) GREEN ROOMS:** There will be one large green room with mirrors and a bathroom (stage right). There is another performer area located stage left and will be set up for warming up. Due to space limitations, please comply with the designated room purposes: green room = makeup, dressing, hair; warm-up area = warming up. Please do NOT use public bathrooms for getting ready after 3:00 p.m.

All personal belongings should immediately be taken to the green room/warm-up area upon arrival. Please do not leave your personal belongings in the audience area of the venue. Anything left in the audience area by the time we do circle up will be moved for you.

**h) AERIAL APPARATUSES:** Melanie/Christine will transport apparatuses to the venue so be sure you have communicated to them what you need. Performers may not use their own personal aerial equipment,

**i) CURTAIN CALL:** All performers are required to stay in costume for curtain call. Curtain call will happen immediately after the last performance. Curtain call is when all performers go on stage for a final bow.

**j) GRIP PRODUCTS:** Grip products are not allowed to be applied to the poles—only your bodies. Performers are responsible for bringing their own grip products.

**k) FOOD/BEVERAGES:** Performers may bring snacks and water but keep them in the green rooms. Absolutely NO outside alcoholic beverages are allowed at the venue—this is taken very seriously by the venue! The venue does serve food but their kitchen doesn't open until late afternoon. There are also several restaurants within walking distance. If you decide to leave the venue to eat, be sure to let the stage manager know and check in again once you return.

**l) ALCOHOL/SUBSTANCES:** Performers are strictly prohibited from consuming alcohol or any other mind-altering substances prior to performing! If it is discovered that you've consumed alcohol or other substance prior to performing, your performance will be

canceled immediately. SAFETY FIRST! After you are done performing, you are welcome to consume alcoholic beverages. Such beverages are at your own expense. PLEASE be sure to pay your tab otherwise they default to me.

**m) VIDEOS:** Melanie will have someone recording all performances with her camera but as always... BE SURE YOU HAVE A BACK UP video recording option. Melanie cannot guarantee that recordings will turn out or that there won't be technical issues. It's happened before!

**n) PHOTOS:** MC Dorbecker will be our designated photographer. The designated photographer typically handles photo ordering etc. independently and will post info via Slack.

**o) COVER UP:** Please be sure to bring a robe or similar attire to cover your costume when moving about the venue.

**p) CLEAN UP:** Please take extra care in cleaning up after yourself and gathering all of your belongings. Items left behind will be photographed and posted in slack for claiming. Lots of stuff tends to get left behind and although we do our best to find the owner, we must limit how much time is given to claim the items. Unclaimed items will be donated or given away.

**q) SEATING:** Only reserved seating is available for purchase in advance. **General admission seating will only be available in advance if all reserved seating is sold out.** General admission seats can also be purchased at the door the night of the show. There are two areas for General admission seating—table seats and bar seats. The bar seats that go around the perimeter of the venue is where you as a performer during the show(s) you're performing in may sit. This is also the area for your comped guest. All GA seating is first come, first serve. If you are not performing in both shows but want to attend the show in which you are not performing, you may attend for free but you must sit in the designated performer GA seats. Guests are not permitted into the venue before doors open. If you have someone doing your hair/makeup who is not part of our crew, they need to provide their services off site or you need to reach out to me for approval for them to be at the venue. HMUs approved for the venue will be required to wear a badge for backstage access and they must purchase a ticket if they are going to watch the show.

**r) PERFORMANCE REMINDERS:**

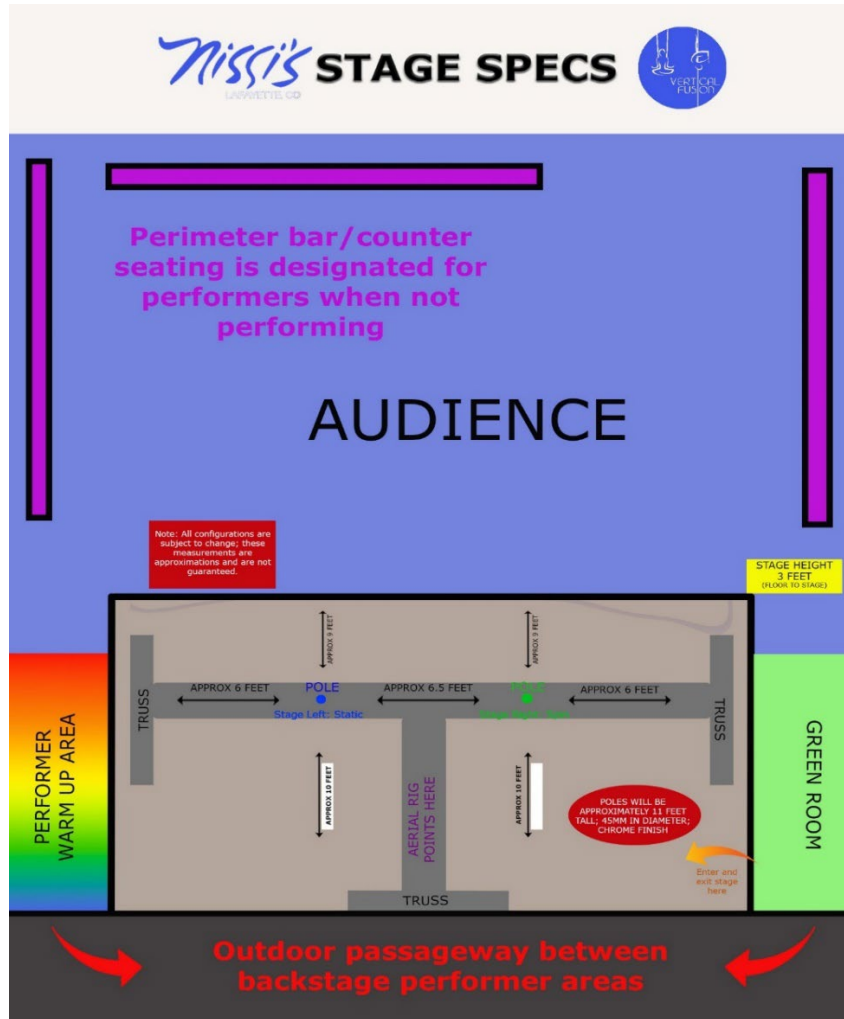
Remember to TAKE A BOW after your performance!!!! You worked hard--be proud and allow the audience to show their appreciation! Also, DO NOT pick up your props, costumes, etc. from the stage after your performance--the kittens will take care of that for you.

Remember to cut the tags out of your costumes.

Be sure to secure your costume pieces and wear pasties if there is any chance at all that your nipples might be exposed. If your bottoms ride up (seriously no matter how far

up they go) or if your pastie covered nipples are exposed, DO NOT adjust your costume! Keep dancing, friends!

## Stage Specs:



## Quick Reference Links:

### Performer Forms:

Solo: <https://forms.gle/hoBcZ2Gb8xwWTAz77>

Group: <https://forms.gle/yQizA43g3idWqKSb9>

### Performer Fees Link:

First (\$40):

<https://momence.com/Vertical-Fusion-Studios/product/Showcase-Performer-Fee-%2440/56648>



Additional (\$20 each):

<https://motence.com/Vertical-Fusion-Studios/product/Additional-Showcase-Performance-Fee-%2420-per/56649>

**Claim Your Song Form:**

[https://docs.google.com/spreadsheets/d/1vMWxRYo21EjZGwaGqT8wL9qKxu9Xt\\_XursiyPAaQN2c/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1vMWxRYo21EjZGwaGqT8wL9qKxu9Xt_XursiyPAaQN2c/edit?usp=sharing)

**Video Submission Link:**

<https://forms.gle/E5JHz7L3wL7vVARaA>

**Song Licensing Links:**

ASCAP: <https://www.ascap.com/repertory#/>

SESAC: <https://www.sesac.com/repertory/search>

BMI: <http://www.bmi.com/licensing> (upper right corner)

**Performance Details Form:**

<https://forms.gle/EZUPMeLyMu8HkzcP9>

**Performer Guest List Form:**

<https://forms.gle/9mTpB2wBs7s6j5Q87>